

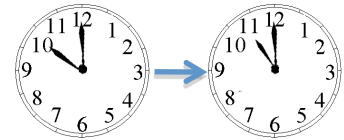
# Free Taster Courses at Mid Kent College



Try this course



10am - 11am  
7<sup>th</sup> July



## Class 1 Out and about



You will learn how to look after yourself when you are out and about shopping in town.

If you want to be confident and go out alone or with friends this is the course for you.

'I would like to do this taster course'

Yes

Your name \_\_\_\_\_

Your address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Your telephone number \_\_\_\_\_

email address \_\_\_\_\_

enableuk@btinternet.com

Please send to: Sylvia Finlayson Programme Area Leader, Foundation Programmes,  
MidKent College, City Way Centre, City Way, Rochester, Kent, ME1 2AD  
or email: [Sylvia.Finlayson@midkent.ac.uk](mailto:Sylvia.Finlayson@midkent.ac.uk) or fax to: Sylvia on 01634 842247