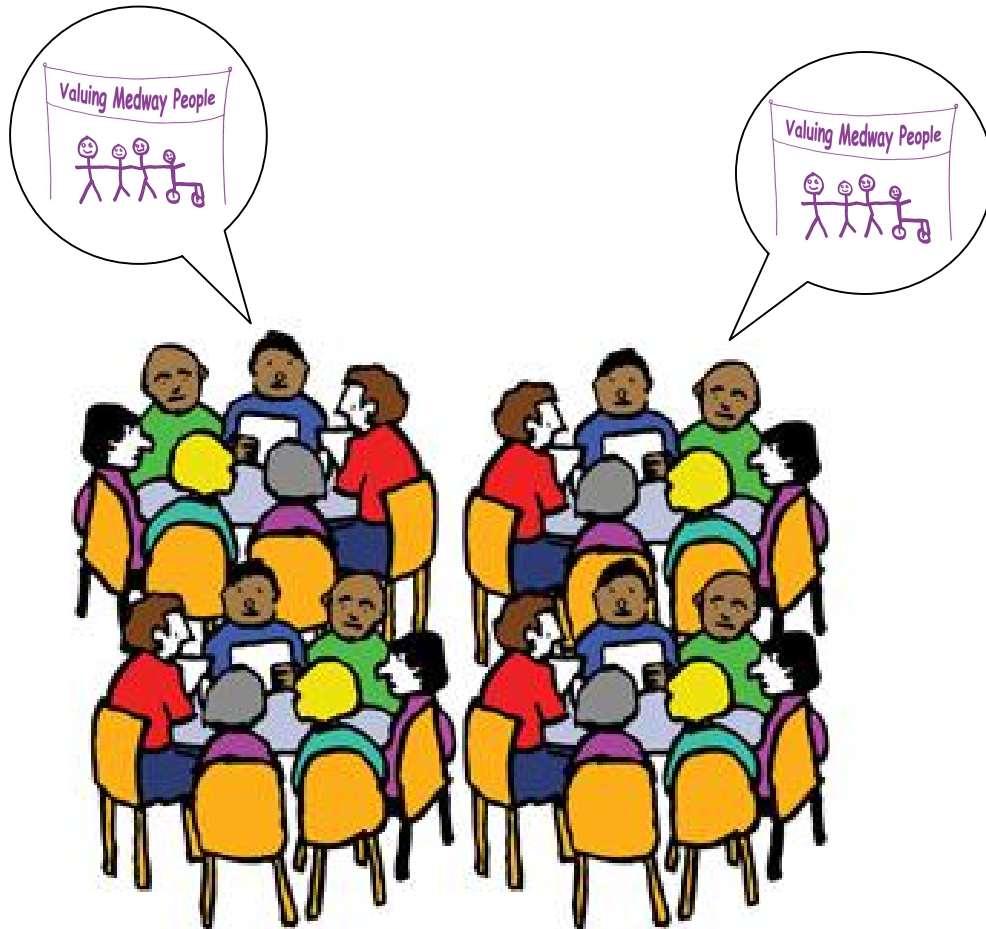


# Forum for Adults with a Learning Disability



We had a meeting  
on July 6th 2007

Here are the names of the people who were at the meeting:

Lorraine  
Andrew Collett  
David Ellis  
Flo Kennedy  
Graham Honess  
Debbie Garbutt  
Mark Jefford  
Kathy Johnson  
Jo Poynter  
Maggie Southey  
Erika Stratford  
Monica Rivers  
Jason Terry  
Sajimon Varkey  
Robert Wilson

We talked about abuse

Abuse means taking away people's rights.



Types of abuse are:

Stealing money, ignoring people, pushing, kicking, hitting, swearing or staring at them.

Making people feel unhappy or ill.

Abuse is like bullying

If it happens to you it can hurt your body

It can make you feel unhappy inside

Sometimes children or young people abuse adults.

Sometimes carers or supporters abuse people.

If you are abused you should do something about it.

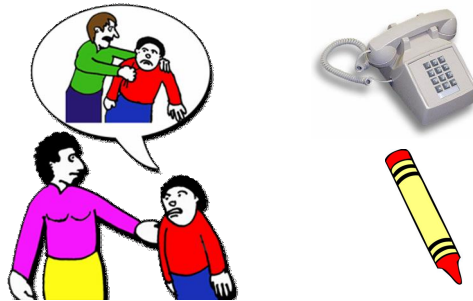


You can tell:

- Teachers
- Parents
- Police
- Carers, staff and supporters

You can tell in lots of ways:

- By talking
- By telephone
- By signing
- You can write what happened
- You can draw what happened



You can ask somebody to support you when you say what happened

You can go to meetings to learn about your rights

You can learn how to speak up for yourself