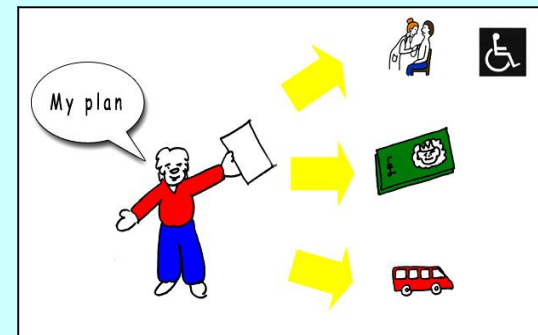


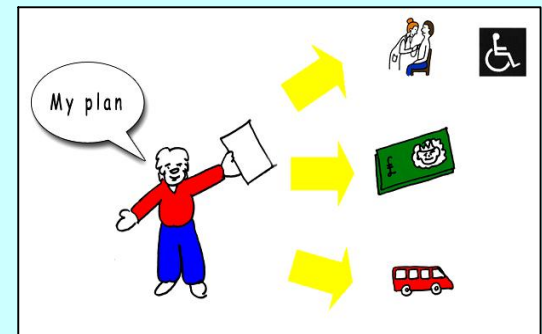
MAP - Person Centred Planning Tool



What is a MAP?

A map can support a person to find their way.

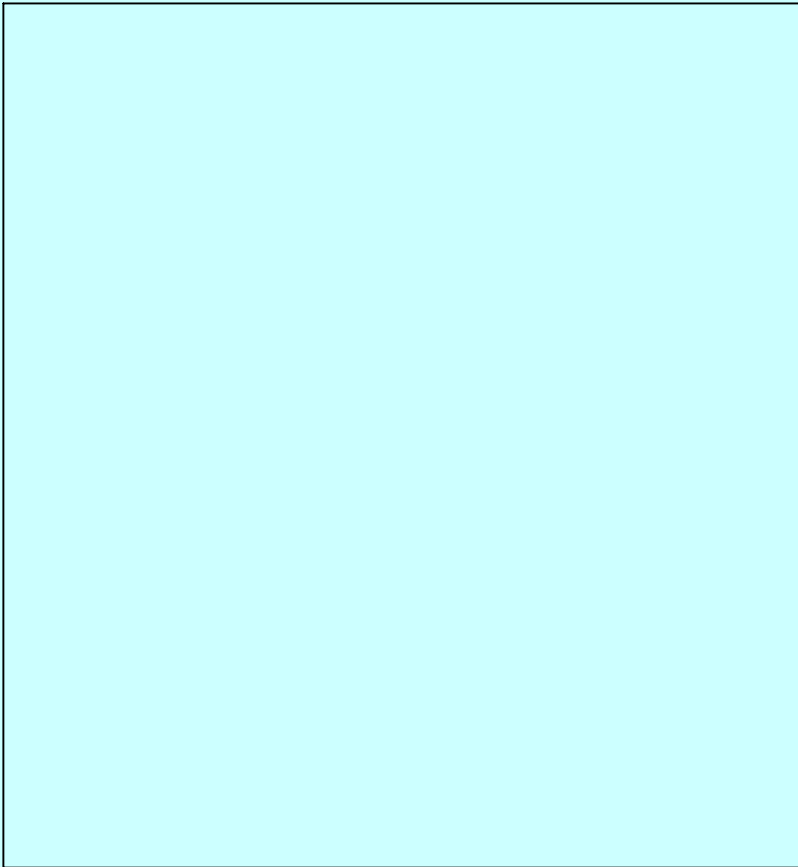
By using the MAP person centred planning tool it can support you to see which way to go next and to plan your life.



My Map

By

About Me

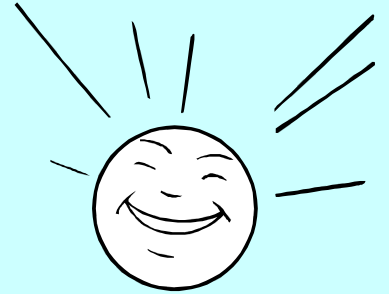


- My name is _____

My Personal History

- (What is my life story?)

My Dreams



- If you could wave a magic wand what would you want your life to be like?
- What dreams have others for you?

My Nightmares



- What drives you to distraction?!
- What is your idea of an awful life?
- What makes you really unhappy?
- What doesn't work for you?



What people like about me

•

•

My gifts, skills and talents



•

What support do I need to
make my dreams happen?

My action plan for change

- Who?
- Where?
- Why?
- When?
- How?

