Person Centred Planning

My dreams, my needs, my life

Who are the best people to support me?

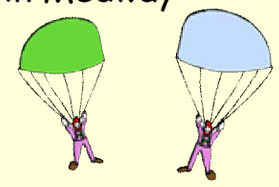
How can I join in and make a difference?

Where can I find good information? How can I complain?

I want a PCP, a boyfriend, a girlfriend, to go dancing and get married

I want to choose where I live and who I live with in Medway

Where can I go to relax and have fun in Medway



Family and other carers

- Mencap/ support groups
- Carers' assessments
- Carers' Helpline
- Appropriate response and support from statutory services

Work

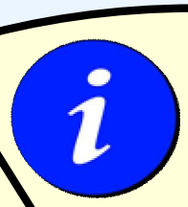
- Employment
- Voluntary work
- Supported employment

Working Groups

Keeping well, getting around, working, learning and places to live.

Information

- Provision of information in a range of accessible formats, as appropriate to individuals- all services.



Planning for life

- Person Centred Planning (PCP)
- Care management

A place to live

- Housing Department
- Housing providers
- Care Management (identification of accommodation profile, use of housing registers)

Leisure and social activities

- Leisure services to respond
- Community Organisations
- Leisure centres
- Transport
- Clubs

Friends and Relationships

- People supported to develop local networks
- Service providers- all to support people to establish and maintain relationships of choice.

I want to have more friends

How can I start work?

Who can support me with my money?

How can I eat healthy food, keep fit and have check ups?

Being safe at home and everywhere

Health

- Health Action Planning
- Annual health checks

Keeping safe

Community Safety Groups

Learning

- Colleges
- Day Services
- Life Long Learning projects

How can I learn in ways that are right for me, and learn to say "No"?

Money

- Care Management- maximisation of income use of direct payments & ILF.
- Access to appropriate advice and support.
- Work with banks and building societies

How can I find out about direct payments and get support with managing my money?

Support in daily living

- Meeting individual choices
- Involve users in recruitment
- Choosing carers, supporters and providers.
- Equipment to support independence

I want to do my own washing, cooking and shopping

Valuing Medway People

www.valuingmedwaypeople.org.uk
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